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# 30th Sunday in Ordinary Time

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ENTRANCE ANTIPHON

*Ps 104: 3-4*

**Let the hearts that seek the Lord rejoice;  
turn to the Lord and his strength;  
constantly seek his face.**

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INTRODUCTORY RITE

*The priest introduces the Mass*

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PENITENTIAL ACT

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God**

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen**

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KYRIE

Kyrie eleison, **Kyrie eleison**  
Christe eleison, **Christe eleison**  
Kyrie eleison, **Kyrie eleison**

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GLORIA

Glory to God in the highest,

**and on earth peace to people of good will.**

**We praise you,**

**we bless you,**

**we adore you,**

**we glorify you,**

**we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God,**

**Son of the Father,**

**you take away the sins of the world,**

**have mercy on us;**

**you take away the sins of the world,**

**receive our prayer;**

**you are seated at the right hand of the Father, have mercy on us.**

**For you alone are the Holy One,**

**you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ,**

**with the Holy Spirit,**

**in the glory of God the Father. Amen.**

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THE COLLECT

Let us pray.

Almighty ever-living God, increase our faith, hope and charity, and make us love what you command, so that we may merit what you promise.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

*Sit*

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## LITURGY OF THE WORD

A reading from the book of the Exodus

22:20-26

The Lord said to Moses, Tell the sons of Israel this, You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity.

The word of the Lord.

**Thanks be to God.**

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## RESPONSORIAL PSALM

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**I love you Lord, my strength.**

I love you Lord, my strength,  
my rock, my fortress, my saviour.  
My God is the rock where I take refuge:  
my shield, my mighty help, my stronghold.  
The Lord is worthy of all praise:  
when I call I am saved from my foes. *R/*

Long life to the Lord, my rock!  
Praised be the God who saves me.  
He has given great victories to his king  
and shown his love for his anointed. *R/*

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A reading from the first letter of St Paul to the Thessalonians *1:5-10*

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread - and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

The word of the Lord.

**Thanks be to God.**

*Stand*

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**ALLELUIA, ALLELUIA!**

Open our hearts, O Lord, to accept the words of you Son.

**ALLELUIA!**

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THE HOLY GOSPEL

The Lord be with you.

**And with your spirit.**

A reading from the ✠ Holy Gospel according Matthew

*22:34-40*

**Glory to you, O Lord.**

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.' '

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

THE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand  
of the Father.

He will come again in glory to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism  
for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

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THE OFFERTORY

*Sit*

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THE LITURGY OF THE EUCHARIST

Pray, brethren, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

*the Preface*

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SANCTUS

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest**

*Kneel for the Eucharistic Prayer*

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ACCLAMATION

**Save us Saviour of the world  
For by your Cross and Resurrection  
You have set us free.**

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done on earth  
as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ, who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

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AGNUS DEI

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

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HOLY COMMUNION

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

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COMMUNION ANTIPHON

*Ps 19:6*

**We will ring out our joy at your saving help  
and exult in the name of our God.**

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HOLY COMMUNION

*A spiritual communion may now follow*

*"My Jesus, I believe that You are present in the Blessed Sacrament. I love You above all things, and I desire You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You are already there, I embrace You and unite myself wholly to You; do not let me ever be separated from You. Amen."*

## THE ANGELUS

The Angel of the Lord brought tidings to Mary.

**And she conceived by the Holy Spirit.**

Hail Mary, full of grace.....

**Holy Mary, mother of God....**

Behold the handmaid of the Lord.

**Be it unto me according to thy Word.**

*Hail Mary,*

And the Word was made flesh.

**And dwelt among us.**

*Hail Mary, full of grace.....*

Pray for us, Holy Mother of God.

**That we may be made worthy  
of the promises of Christ.**

We beseech you Lord, to pour your grace into our hearts, that as we have known the incarnation of your Son, Jesus, by the message of an angel, so by his ✠cross and passion, may we be brought to the glories of his resurrection. Through the same, Jesus Christ our Lord. **Amen**